# REPORT

OF THE

# LOCAL BOARD OF HEALTH

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CITY OF EDMONTON
ALBERTA

1937



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# **BOARD OF HEALTH 1937**

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Dr. F.	W	. Crang, Chairn	nan(Publi	c School	Board)
Dr. R. M. Shaw		Dr. E. A. Roe	Ald. A.	Bissett	Ald, C. Gould
	J.	O. Pilon-(Sep	arate Schoo	l Board)	

#### EX-OFFICIO MEMBERS:

Mayor Jos. A. Clark

A. W. Haddow, City Engineer
S. Main, Secretary

Dr. R. B. Jenkins, M.O.H.
Dr. G. M. Little, M.O.H. (Nov.-Dec.)

#### 1938

#### Dr. R. M. Shaw, Chairman

Dr. E. A. Roe Ald. A. Bissett Dr. W. Morrish—(Public School Board)
Ald. F. C. Casselman Mr. J. O. Pilon—(Separate School Board)

#### EX-OFFICIO MEMBERS:

Mayor J. W. Fry

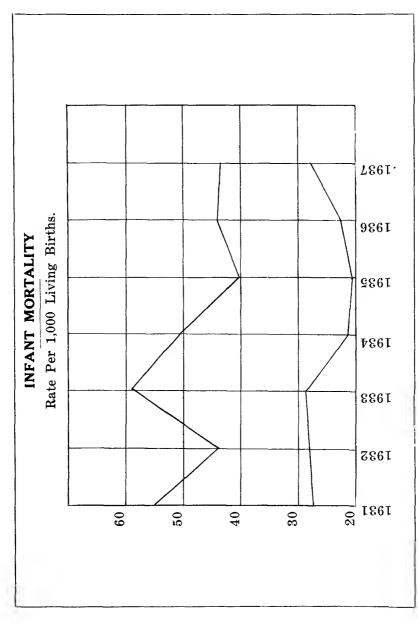
Dr. G. M. Little, M.O.H. Mr. A. W. Haddow, City Engineer S. Main, Secretary

#### STAFF:

Medical Officer of Health }	Dr. R. B. Jenkins, M.D., D.P.H. Dr. G. M. Little, M.O.H. (NovDec.)
	21. 4. 12. 2.000, 12.0.11. (210.1.200.)
	S. Main, A.R. San. I.
Chief Health Inspector	W. R. Graham, R. San I. (Cert.)
Health Inspector	J. H. Blackburn, A.R. San. I.
Health Inspector (retired)	T. E. Lord
Health Inspector	
Health Inspector	J. D. Williams
Quarantine Officer	R. T. Anderson, A.R. San. I.
Chief Food Inspector	J. H. Part, V.S., M.D.V.
Meat Inspector	D. Morrison, V.S.
Dairy Supervisor	
Analyst	H. C. Graham, B.A.
Statistician	Miss B. B. Murray
Public Health Nurse (Sr.)	Miss M. Griffith, R.N.
Public Health Nurse	Miss S. C. Christensen, R.N.
Public Health Nurse	Miss H. I. Chisholm, R.N.
Clerk	Miss R. C. Rose
Stenographer	Miss Dorothy Derbyshire
Junr. Inspector	Lloyd Alexander

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Light Line—"Diseases largely preventable."

# Annual Report of Medical Officer of Health

Chairman and Members of the Local Board of Health.

#### Gentlemen:

Herewith are submitted reports from the various services conducted by this Board during the year 1937, and also from certain voluntary and official health agencies operating in the City.

The general death rate shows a marked decrease from the previous year, but remains slightly above the average for the past five years. Among the principal causes of death, cancer, pneumonia, and diseases of puerperal state showed a decrease, while influenza, apoplexy, diseases of early infancy and tuberculosis showed some increase. Heart disease remains the vief cause of death, and we may reduce its incidence by an increased effort for earlier detection and correction of infective processes in our citizens, particularly the children. Deaths from automobile accidents numbered ten, being double the number for the previous year. Such increase suggests an increasing tra c control problem in our city.

Cases of communicable disease showed a considerable decrease to 68.5 per thousand population as compared to 118.6 per thousand population for the previous year. An epidemic of measles gave 2,562 cases and one of chickenpox 1,132 cases. Only three cases of diphtheria and none of smallpox were reported, indicating again the great value of preventive treatments against these diseases. The Kinsmen's Club, through its visiting nurse, has continued a valuable service in the supervision of cases, contacts and suspects of tuberculosis.

Discontinuance of child welfare clinics during a period when infantile paralysis was prevalent slightly reduced the total of children examined during the year. The clinics and home visits by nurses in connection with this work have, however, remained both popular and valuable in maintaining the health of this group. The slight increase in infant deaths is accounted for entirely by an increased number of premature births. To combat this we shall endeavour to increase our time for supervision and educational work in the pre-natal field.

The work of our health inspectors has increased considerably. An increasing population with lack of housing accommodation has made proper sanitation more and more difficult. Housing constitutes a major problem confronting our city at this time. The bath-house and disinfecting station continues to render much valuable service, and the treatment of scabies cases provides a supplement to the school medical service without which it would be most difficult to control this disease amongst the children. Improved housing for this service should be considered.

Food inspections were increased. A single outbreak of food poisoning, traced to head cheese, served to indicate a condition made rare by rigid enforcement of sanitary requirements. A reduced amount of tuberculosis is noted in beef cattle and hogs inspected by our staff.

The high standard of our milk supply, as indicated by laboratory analyses, is a tribute to the sanitary control of this product and the co-operation of our dairymen. Eight cases of undulant fever occurred amongst our citizens during the year, only two being noted in the departmental records

during previous years. Evidence pointed to raw milk as being the source of the disease, and plans are being laid to protect our milk supply against this infection.

The Health Department has made its facilities available to teaching institutions of the city for giving public health instructions to nurses.

On October 15th Dr. R. B. Jenkins resigned his position as Medical Officer of Health to assume a post with the Federal Department of Pensions and National Health. From that date Dr. F. W. Crang carried on these duties until November 15th, at which time the present Medical Officer assumed office.

Yours respectfully,

G. M. LITTLE,

Medical Officer of Health.

## EXPENDITURE

Salaries Supplies Transportation Sundries Uniforms	 1937 31,289.60 1,306.91 4,844.53 578.35 176.50 38,195.89	1936 \$ 29,101.12 1,313.56 4,906.57 572.71 \$ 35,893.96
REVENUE Inspection Fees	 595.50 37,600.39	\$ 35,259.08

## DIVISION OF EXPENDITURE

	Adminis- tration	Communicable Disease	Milk Control	Laborato <b>r</b> y Service	Food Inspection	Public Health Nursing	Sanitation	Vital Statistics	Totals
Salaries	87,680.57	\$2,820.91	\$1,980.87	\$2,933.01	\$2,932.12	\$2,683.01	\$8,939.44	\$1,319.67	\$31,289.60
Supplies .	469.73	502.38	25.37	110.18	26.42	39.75	117.01	16.07	1,306.91
Transportation	566.67	578.12	1,200.00	569.83	600.00	635.71	694.20		4,844.53
Sundries Uniforms .	231.12	$69.05 \\ 31.50$	22.37	57.29	$^{100.51}_{25.00}$	17.85	75.75 120.00	4.41	578.35 176.50
	\$8,948.09	\$4,001.96	\$3,228.61	\$3,670.31	\$3,684.05	\$3,377.32	\$9,946.40	\$1.340.15	\$38,195.89
	23.5	10.5	8.5	9.5	9.5	8.9	26.1	3.5	100

## SUMMARY OF STATISTICS

Area of City (including 1,000 acres of water), 26,778 and 2,147 acres in Parks.

	1937	1936	1935	1934	1933
Population	87,634	85,696	81,621	79,773	79,231
Persons per acre of land	3.34	3.32	3.16	3.10	3.07
School enrolment	17,885	18,396	18,241	18,307	18,515
Natural increase of population	892	738	776	789	
Cost per capita			.39	.42	.42
Births, excluding stillbirths			1,394	1,383	1,375
Rate per 1,000 population			17.42	17.28	17.18
Stillbirths			23	37	29
Rate per 1,000 births	26.13	33.75	16.23	26.05	20.65
Deaths, excluding stillbirths			618	594	
Rate per 1,000 population			7.7	7.42	7.31
Deaths under 1 year of age		63			82
Infant mortality rate per 1,000 living					
births	43.45	44		50.61	
Deaths from childbirth	. 3	6	7	5	5
Maternal mortality per 1,000 birth:	; 1.9	4.18	5.02	3.6	3.6
Marriages			1,312	1,313	1,119
Rate per 1,000 population			16.40	16.4	14.1
Non-resident births in city		948	936	791	725
Non-resident deaths in city			402	325	310
Non-resident deaths under 1 year		33	36	34	34

## VITAL STATISTICS

#### Births

There were 1,565 City births in 1937, 744 male and 821 female, an increase of 133 over 1936, when there were 1,432 births, 742 male and 690 female.

Born in institutions, 1,498 or 94.7%; born at 3 ome, 67.

Attended by physician, 1,554; attended by Victorian Order of Nurses, 23 or 34.3%; unattended, 10; double births, 12.

Material parentage:

	19	137	193	36
Canada	1,008 or	64.5%	892 or	62.3%
British Isles	268 or	17.1%	$242 \mathrm{\ or}$	16.9%
Europe	174 or	11.1%	186 or	13.0%
U.S.Â.	110 or	7.0%	$105 \mathrm{\ or}$	7.3%
Other Countries	5 or	.3%	7 or	.5%
	1,565 or	100 %	1,394 or	100 %

Eighty-two or 5.24% of the 1937 births and 79 or 5.52% of the 1936 births were illegitimate.

#### Stillbirths

Male, 26; female, 16; total, 42.

Born in hospital, 40; at home, 2; unattended, nil.

Causes of fœtal deaths:

Dystocia, 10. Malformation, 3. Prematurity, 10.

Toxemia of mother, 1.

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Other diseases or conditions of mother, 18.

Male, 389; female, 284; total, 673, a decrease of 21 from 1936, when there were—male, 412; female, 282; total, 694.

	1937	1936
Canada	328 or 48.7 %	341~ m or~49.1%
British Isles	179 or 26.6%	$202  ext{ or } 29.1 \%$
Europe		$92~\mathrm{or}~13.2\%$
U.S.A	48 or 7.1%	48 or 7.0%
Other Countries		11 or 1.6%

Deaths under 1 year of age-

Male, 37; female, 31; total, 68.

Infantile mortality rate per 1,000 living briths, 43.45.

In 1936 there were-

Male, 30; female, 33; total, 63.

Infantile mortality rate per 1,000 living births, 44.0.

#### Infant Martality

Classifying the causes of deaths under one year of age from standpoint of preventability:

Class 1—Causes to a great extent non-controllable—premature birth (under 7 months), cnogenital debility, congenital malformation.

Class 2-Capable of reduction by hygiene, sanitation, isolation and treatment -tuberculosis, syphilis, acute respiratory diseases, acute infectious diseases.

Class 3—Capable of great reduction through care, proper feeding, pre-natal care-marasmus, acute gastrænteritis, injuries at birth, premature (over 7 months).

Of the 68 cases under one year of age:

Class 1—25 or 36.7%. Class 2— 9 or 13.3%.

Class 3—34 or 50.0%.

ABRIDGED INTERNATIONAL LIST OF CAUSES OF DEATH

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ABRIDGED INTERNATIONAL LIST OF CAUSES OF DEATH (Continued)

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107-109				4 51 )		٦,		<sup>7</sup> . •	: :	<b>⊣</b> თ. ა	101	·	י פי	02.	15	35	5.2	41.2	41	.9	48.2
130 - 132					-	4 to			ю <del>г</del>		<b>-•</b>	٦.	-	21	6	3.0	4.4	35.3	31	4.6	36.5
23— 32	Tuberculosis	Z.	cı ⊶		0101	21	27	1		: :	: :	<b>-</b> ;	1 2	14	11	25	3.7	29.4	22	3.1	25.9
119-120	119-120 Diarrhoea	Z Z	_		1		:		27 -	: "	: +	<b>H</b> :	: :	ro	9	11	1.6	12.9	10	1.4	11.8
157	Malformation	×Έ	-			<u>-</u> ,-		-	:			:-		4	9	10	10	2	o o o	- 6	0
121	Appendicitis	, Σí	٠ -		•	-				:	۰	+		က	o La	2 20	6 6	7 6	9	7: -	 . a
140—150	140-150 Puerperal State	×ΞΉ			٠.	. :	· : '	: : .=	• .		1	. : :			. 00	5 60	i rë	r 1.0	9	# oq	
	Totals			. 1 ←	15			4 19 3 15	1		42.	1		283		490	x 6.1		1 2 4	6.93	56.6
	Other Causes	FM.	96		4.9	္ ထာ	111	121.65	00 10	9	1~ 9	ကြက	.22.	106			27.2	215.3	213	30.7	19 69
	Total	M 33	20 ES	33 20	13	38 26 26	35 2 21 1	21 31 17 18	16	19	31	30	37 8	389	284						
	Total	39	il		37	99	56 38	8 48	1	1	55	53	47		9	673					
"X"—Out	"X"Outside deaths of Edmonton Citizens.																				

#### MORTALITY FROM HEART DISEASES 1933 TO 1937

Year	Tota Deat			Rate Per 100 M Population
1937	67	3 115	17.08	135.3
1936	69	4 119	17.2	140
1935	61	8 100	16.2	125
1934	59	4 112	18.8	140
1933	58	5   105	18	131.2

Of the 1937 deaths 66 were male and 49 female.

#### MORTALITY FROM CANCER, 1933 to 1937

Year	Total Deaths	Deaths from Cancer	Percent of Total Deaths	Rate Per 100M Population
1937	673	82	12.2	96.5
1936	694	93	13.4	109.4
1935	618	87	14	108.75
1934	594	82	13.8	102.5
1933		82	14	102.5

Of the 1937 deaths 44 were male and 38 female.

#### MORTALITY FROM TUBERCULOSIS, 1933 TO 1937

Year	Total Deaths	Deaths from Tuberculosis		Rate Per 100M Population
1937	673	25	3.7	41.2
1936	694	22	2.1	23.9
1935	618	27	4.4	33.7
1934	594	17	2.9	21
1933	585	26	4.4	<b>32.5</b>

Of the 1937 deaths from tuberculosis (all forms) 14 were male and 11 female.

There were 61 new cases of tuberculosis (all forms) reported and 25 deaths, giving an increase of 36 cases.

#### MORTALITY FROM EXTERNAL CAUSES, 1933 TO 1937

Year	Total Deaths	Deaths from External Causes	Male	Female	Suicide	Homicide	Accidental	Percentage of Total Deaths	Rate Per 100M Population
1937	 673	52	39	13	14	1	37	7.7	61
1936	 694	51	40	11	8		<b>43</b>	7.3	60
1935	 618	39	27	12	10	1	28	6.3	50
1934	 594	49	44	5	13	2	34	8.3	61
1933	 585	32	22	10	5	1	26	5.47	40

#### MATERNAL MORTALITY

There were three maternal deaths. The maternal death rate calculated in the usual manner of proportion of maternal deaths to the number of live births gives a rate of 1.9 per 1,000 living births. None of the maternal deaths were associated with living births. One was abortion and two no birth.

#### COMMUNICABLE DISEASE DEATHS

There were 5,821 cases of communicable disease reported during the year 1937, of which 2,881 were males and 2,940 were females; compared with 10,082 cases in 1936, of which 4,793 were males and 5,289 were females.

The morbidity rate per thousand of population was 68.5 for 1937, compared with 118.6 for 1936.

	193'	7	19	36
	Cases	Deaths	Cases	Deaths
Scarlet Fever	. 684	4	362	4
Measles	2,562	3	1,176	1
Rubella	330	0	5,384	1
Whooping Cough	257	2	1,243	10
Erysipelas	. 49	4	58	5
Pneumonia (reported)	. 6	14	0	15
Tuberculosis		20	68	22
Typhoid				

Altogether infectious causes were responsible for 109 or 16.2% of the total of all deaths, 673.

#### ISOLATION HOSPITAL

Eight hundred and forty-nine patients were admitted and 76 carried over from 1936, making a total of 925. There were 801 discharged; 41 died, and 83 reamined at the end of the year.

The diseases	hospitalized	include:
--------------	--------------	----------

Scarlet Fever Diphtheria Erysipelas Tuberculosis	. 9 . 45	Whooping Measles Poliomyeli	 	-	46
and many complications of in		conditions.			

## The deaths included:

Tuberculosis16	Whooping Cough
T. B. Meningitis 1	and Pneumonia 1
Scarlet Fever 4	Dysentery 1
Erysipelas 3	Influenza 2
Measles 2	Diphtheria 4

#### IMMUNIZATION

Smallpox	Diphtheria	Diphtheria & Scarlet Fever	Scarlet Fever	Whooping Cough	Schick Test	Dick Test	Typhoid
1936—Board of Health 6,755	184	528	493	485	15	780	135
Public School Board	1,137		2,052				
R.C. Sep. Sch. Board 228	238						
6,983	1,559	528	2,545	485	15	780	135
1937—Board of Health 93	86	362	3,411	77		28	1
Public School Board	1,082						
R.C. Sep. Sch. Board 227	238						
320	1,406	362	3,411	77		28	1

## COMMUNICABLE DISEASE 1937-1933

							-			
	$^{19}_{ m C}$	37 Đ	19 C	36 D	19 Cl	35 D	19 C	3 4 D	1 9 C	933 E
Anterio poliomyelitis	7		3	1	3 4	2		1	3	
Cerebrospinal meningitis	1	1	1		1		1		1	
Diphtheria	3	1	6	1	7	1	3		1	:
Encepha!itis lethargica	1	2		1			1			
Scarlet Fever	654	4	362	4	148	2	63		58	
Smallpox			1							
Chickenpox.	1132		1286	1	994		529		589	
Measles	2562	3	1176	1	3105	1	32		35	
Mumps	350		123		236		554		420	
Rubella	330		5384	1	10		4		2	
Whooping Cough	257	2	1243	10	190		715	1	1326	,
Actinomycosis	1						1			
Dysentery										
Erysipelas	49	4	5.8	5	42	4	24	3	17	:
Ophthalmia neonatorum			1							
Pneumonia (Lobar)	6	14		15	6	19	5	12		10
Puerperal Septicaemia	1	1				1				
Septic sore throat	4		5	1	4		2		***	
Trachoma .	1								1	
Tuberculosis (Pulmonary)	60	20	63	15	72	21	43	11	62	1
Tuberculosis (other forms)	1	5	5	7	7	6	6	6	6	
Tularaemia							2			
Typhoid			21	4	3	2	1		7	
Typhoid Fever Para	2				1	1				
Undulant Fever	8		1					- 50	1	
Veneral Discase—										
Chancroid					15		24			
Gonorrhoea Syphilis	287 66	1	252 91	11	$\frac{250}{102}$	8	277 78	5	226 94	
Totals .	5813	5×	10082	: 1 78	5227	68	2363	39	2850	5 (
Non-notifiable—										
Diphtheria Carriers	1				19					
Influenza	7	47		36	13	18		13	,	24
Mycosis Puru'ent infection		4		1 6		4		3		1
Trench mouth		*		0	7	٦	4	,	**	
Totals	5821	109	10082	121	5253	90	2367	55	2850	77
Total deaths all causes		673		694		618		594		581
Percent of total deaths due to communicable disease		16 2	1	8.87	1	4.56	,	9.26		13.0
Morbidity rate per 1,000 population	68,5		118.6		65.6		29.6		36.6	
CCases. DDeaths.										

	Lotai	<b>E</b>	5	Under 1	7	20	₹	rc.	14	15 24	4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	59	69
Anterio poliomyelitis	1.	2	23	:	:	:			-				
Cerebrospinal Meningitis		:	:	:	:	:	:	:	:	1		1	
Deaths	-		-		:	:					;		
Diphtheria	eo ,	-	27 1	:	:	:	:		г		1	:	:
Fineauhalitis		: <del>-</del>	-	:	:	:	:	-	:				:
Deaths	-1 °			Ė	:	:	:	:	:	-			:
Scarlet Fever	200	301			66		. 6	. cx	368	134	. 4	4 =	:
Deaths			61	٠	1 01	; ;	1	-	2	# :	3	r	
Chickenpox	1132 5	568	564	37 34	4 54	49	90	92	$71\overline{1}$	2.9	11	ন	. :
Measles	_					191	232	233	1223	181	56	-	:
Deaths						:	-		-			:	
Rubelle	350 1	180	160	٦,	co t	∞ ı	16	13	243	41	17	-	
Whoming Cough			787	9.0	× 5	- 0	- 0	15	185	77	œ (		:
Deaths			) -	10		87	80	7.7	88	N	N	:	:
Actinomycosis	<b>-</b>		,	•		: :	:	:		-			:
Erysipelas	49		23	വ	1				т.	· [~	, rc	57	
December 1 then	₹ 6	on 1		:			:		:	:	-	1	
Deaths	14	n c	: u		:		:				010		
Septic Sore Throat	4	•	• 4	:		:		:	-, -	٦,	N 6	N	•
berculosis (Pulmonary)	60	53	31	: : :		. :			÷ 9	17	1 20	t-	:
Deaths		13	- 2		:		:		' !	· 60	) OC	- 20	: _
Desths (other forms)		: 		:	:	:	:	:	:		-	:	
phoid Fever (Para)	00	۰,	÷-	:	:	:		:	:	٦,	20	-	;
Unduiant Fever	1 00	. 9	- 61			:		:		٦.	ç.		
erperal Septicaemia	:		-		· : :	: :				١.	o	4	,
Deaths	:	:			:	:	:	i		. :	-	:	
achomis			:	:	:	:	:	:	:		-	:	
Venereal Diseases		60	22						e.	96	166	6	
Sphilis	99	37	29						9	14	325	10	
Non-notificable	-	:	•	:	:	:	:	:	;	:		-	
Diphtheria Carriers.	-	:	1						-				
Influenza	<u>, , , , , , , , , , , , , , , , , , , </u>	21	20						•	2	. 60		
Deaths	4.5	56	21	.:	÷	1	:	:	-	63	10	10	
Deaths	4	-	60		:	:	:	:-				c	
tal cases reported	١	1		0	10	9		, ,			٠,	4	1
Total Deaths	109	61 2	48	4 3	3 4	312	212	404	2847	645	399 26	70 26	11
Pre-school cases							1841 0	1841 or 31.6 % 17 or 15.6 %					
Deaths										2847 0	2847 or 49% 4 or 3.7%		
Adult cases												113	1133 or
Catha													35

Anterio poliomyelitis																
rebrospinal Meningitis		-	rc	2								:	9	1	:	:
			. :	-			П	:	:	:	:				:	•
Deaths		-	:	-	:	:	_	:	:		:	:	:	. '	:	:
Diphtheria		က	_	2	2	:			:	:	:	:	:	-	:	:
Deaths				П	:	,	:	:	:	:		:	:	:	:	:
Encephalitis		0	- 9	:	:	1		:			-	:				:
Deaths		7 7 7		606	. 6	: 0	107		1 2 9	: 671			30	. 6	10	. ic
Scarlet Fever		*°	100	000	10	90	7	00	70,	7 7	1.	1	1	1	2	
Chielennes	-			184	9.6.1	110	. 1C	43	10	4 10		33	5.9	. 60	177	Η
Massias	10	9569 1	286	1394	1961	565	6.0	2 20	6.6	19	• oc	9 99	<del>-1</del>	3	63	102
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Whoming Cough	:	000	110	140	41	9 6	9	- 00	6.2		4	9	000	l {~	က	
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Actinomycosis		1 –	٠,	4	4	-	:		:	•		:				: :
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Danimonia (Tohan)	:	2: ۴	o re	٠.	c	:	٠.	101	•	•	:	:				
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110 Can Marsh		•	•	٠-	•	G	2	•	•	•		•	:	٥١	,	
Tuboroulosis (Dulmonous)			.6	* F		1 4	<u>"</u>	ι· :		t-	65		:	1 9	:	:
Donths		000	; c	1 5	0	o or	ï	• 0	o or	٠,	c.	-	:	-		
Tuberonlesis (other forms)		-	-	-	1	•	4	1	0							
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Translaid Bonon (Dans)		ء د		- ۱	: <del>-</del>		-	1	•	:	:	:	•	:	:	
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Duemers   Sentionemis		s <del>,-</del>	>	1	:	. <del>-</del>	1	:	1	:				•	•	
Deaths		٠ ــ	:			-			:	:			:			:
:		-	:	-		1	- :									. :
Veneza, Diameter		:	:	•			•									
Canaria and and and and and and and and and an		t :	000	o t	1.0	-	0.6	66	20	3.0	5.1	ç	1.0	6.4	6	Ġ
Sphilis		99	) to	6	10:	+ 1G	) es	G	, S	9 4	9	900	9 673	1 1 cc	4	
M	-	9	;	i	•	,	,	,			,	,		1	ļ	
Dibhtheria Carriers	:	1	1	:	:	:	:	:			:	:	:	:	:	:
Influenza			;	-		:		:	:	:	:	:	:	-	:	:
Deaths	:	۲-	21	rO	ţ~			:	:		:	:	:		:	:
Purulent Infection	:	4.	56	2.1	10	21	9	27	1	1		:	,-		-	
Deaths		-#	_	ಣ		67	:		-					:	-	:
Total Cases		5821 2	2881	940	1661	835	617	360	420	304	171	119	140	206	437	552
Total Deaths		- 1	61	8	16	29	15	œ	10	6	7	21	60	en	c	
Percent of total		,		50.5	28.5	14.4	10.6	6.2	7.2		33.	61	2.4	3.5	7.5	Ģ,
			56	44	14.7	26.6	13.8	7.3	9.5	œ	1.8	×	در در	∞ ≎i	4.6	9

#### "KINSMEN'S" TUBERCULOSIS NURSING SERVICE

Total visits made by nurse 2 Visits to positive cases Visits to suspect cases Visits to contacts Number fo contacts seen 1 Co-operative visits Not at home, wrong address, etc.	965 178 547 ,897 347
New cases reported: Positives Suspects Contacts Cases admitted to Sanatorium Cases admitted to local hospitals.	42 14 91 3 43
1937— Died, 16; deported, 2; arrested, 4; left Alberta, 4	26
Total cases on roll Total city cases on roll Persons examined New examinations Re-examinations Number of visits to office Letters written Telephone calls	444 236 208 286 35

## PUBLIC HEALTH NURSING

#### CHILD WELFARE CLINICS

These clinics are held twice weekly with physicians in attendance. A weighing clinic is held once a week under the direction of the Provincial Department of Health nurse in charge.

Owing to the prevalence of infantile paralysis only two clinics were held during the month of September, which reduced our total attendance. The average is slightly higher.

1937	1936	1935	1934	1933
Number of Clinics held 95	100	92	102	102
Babies in attendance	3,686	3,306	4,066	4,431
Pre-school attendance 1,167	1,261	1,022	1,158	1,131
Total 4,734	4,947	4,328	5,224	5,562
Average 49.8	49.47	47.0	51.2	54.5
New cases admitted (babies) 817	808	714	779	792
New cases admitted (pre-school) 189	178	142	196	198
Babies referred to family doctor	35	46	63	50
Pre-school referred to family doctor 75	63	27	61	29

Dr. J. Calder, Dr. F. J. Follinsbee and Dr. Mildred Newell were in attendance to examine and advise parents regarding infants' care and feeding.

Medical students, public health nursing students and nurses in training from the University and Royal Alexandra Hospitals, as well as home economic students, have been in attendance at the clinics.

Ninety-six out-of-town cases attended during the year.

#### WEIGHING CLINICS

	1937	1936	1935	1934	1933
Number of weighing clinics held	46	47	45	50	48
Total attendance	501	485	615	743	774
Average	10.9	10.3	13.7	14.8	16.1

Forty-six weighing clinics were held. No new cases are admitted at these clinics as no doctors are in attendance. Parents are given advice on matters of routine care by the nurse on duty.

#### Attendance According to Age of Both Child Welfare and Weighing Clinics

196	37 - 1936	1935
Babies under 1 year 30	47 3152	2697
Babies under 2 years 90	03 898	948
39	<b>50 405</b> 0	3645
Pre-school under 7 years	85 <b>12</b> 98	1382
-		
Total	35 4943	5432

#### PRE-NATAL VISITS

193	7 1936	1935	1934	1933
City Nurses	318	388	291	279
V.O.N	50 222	251	253	304
Cot-1				
Total 65	04 540	639	544	583

An increase in pre-natal visiting over 1936 is to be noted. If such improvement can be accelerated, our maternal and infant morbidity and mortality should be considerably lessened. Of the 190 new cases added to our roll, 149 were referred by the obstetrical department of the Provincial Outdoor Clinic.

We take this opportunity of expressing to the Red Cross Society and the Junior Hospital League our sincere appreciation of the splendid work done by them during the past year. As has always been the case in the past, neither organization was ever applied to in vain when layettes, etc., were required for needy cases.

INFANT MORTALITY, 1937	BY SEASON BY AGE	May June June August September September Movember Ist Week Ath Week Ath Week Ath Week Ath Work Ath Months	1       1	5 4 5 5 5 9 4 9 8 12 11 8 2 9 87 20 7 4 .
		IstoT	9 — Whooping cough 1e—Influenzal entertits 7 — Enlarged thymus 7 a—Bronefact by the straight of the straight o	89

#### POST-NATAL VISITS

1937       City Nurses     239       V.O.N.     352		201	139	175
Total 591	792	847	587	579

The number of post-natal visits made by the nursing staff during the year has been above the average.

Post-natal visits are those paid to homes during the six weeks following confinement. All mothers are encouraged to breast-feed their babies and to report to the family physician for post-natal examination at the end of six weeks.

#### DISTRICT VISITS

	1937	1936	1935	1934	1933
Visits to homes	2775	2508	3853	3481	3518
Special investigations	113	94	64	65	102
Total	. 2888	2602	3817	3546	3620

The number of visits paid to homes in 1937 shows a definite increase over the preceding year. This is a step in the right direction, for the establishing of connection with the home is of undoubted value.

The Royal Alexandra and University Hospitals having made arrangements with this department, a number of their student nurses accompanied the Health Board nurse for instructional purposes. Household economic students from the University Hospital have contained their weekly visits to homes where special instruction on diet is needed, also giving advice on food budgeting.

#### DISABILITIES FOUND DURING DISTRICT VISITS, 1937

	Babies	Pre- School	School Age	Adults
and Parasitic Diseases	25	44		22
l Other Tumors				1
crine Glande and Other Gen-	-	1	0	11
	-	1	4	11
	2	2	2	.3
		8	2	1
	9	3		
	. 2	4		20
f the Respiratory System	63	36	5	14
f the Digestic System	50	101	16	8
f the Genito-Urinary System	7	7		3
f Pregnancy				8
the Skin and Cellular Tissue	e <b>44</b>	35	13	10
of Bones and Organs of				
l	. 4			1
Malformation	5	,		
f Early Infancy	. 4			
Causes	1	2	1	1
	crine Glande and Other Genses  f the Blood and Blood Forms  f the Nervous System and of sof Special Sense  f the Organs of Vision  f the Ear and of the Mass  f the Circulatory System  f the Respiratory System  f the Digestic System  f the Genito-Urinary System  f Pregnancy  f the Skin and Cellular Tissue  of Bones and Organs of  Malformation	and Parasitic Diseases	Babies School and Parasitic Diseases 25 44 Il Other Tumors Diseases, Diseases of Nutricrine Glande and Other Genses 8 1 If the Blood and Blood Forms 4 If the Nervous System and of 5 of Special Sense 2 2 If the Organs of Vision 7 8 If the Ear and of the Masses 9 3 If the Circulatory System 2 4 If the Respiratory System 63 36 If the Digestic System 50 101 If the Genito-Urinary System 7 7 If Pregnancy 7 If the Skin and Cellular Tissue 44 35 If Bones and Organs of 4 Malformation 5 1 Malformation 4	Babies   School   Age

# HEALTH INSPECTIONS

		•	
INSPECTIONS	1937	1936	1935
Inspections Re-inspections Notices, total Written notices Verbal notices Complaints from the public Complaints justified Complaints unjustified	3,801 6,545 2,216 4,329 705 515	10,868 2,920 4,426 1,232 3,194 413 295 118	19,789 4,051 7,011 2,255 4,756 661 458 203
LICENSES	1937	1936	1935
License applications investigated	1,302	1,259	1,344
HOUSING			
Regular inspection was made during the gapartment houses, etc.			
C	1937	1936	1935
Sewer and water notices issued Sewer and water installed, buildings removed	. 110 d,	60	81
etc	. 25	11	32
Extension of time granted		$\frac{16}{33}$	$\begin{array}{c} 21 \\ 28 \end{array}$
Signed statements to instal sewer and water th	ıe	7.7	
following spring		$\begin{array}{c} 3 \\ 149 \end{array}$	7 157
Building permits issued Plumbing permits issued for old buildings	$   \begin{array}{ccc}     & 127 \\     & 91   \end{array} $	20	48
Alterations to existing plumbing			
Buildings fumigated with HCN gas	115	79	
DISINFECTING STATION	1937	1936	1935
Baths given Verminous Scabies Disinfected Men washing clothing Units washed	27 757 788 19,132	28,551 37 1,025 1,065 22,961 67,048	22,875 79 762 853 19,502 58,506
SCAVENGING		1	937 1936
Loads removed from the north side during Clear Loads removed from south side during Clean-up	n-up	6	870 1315 100 203
COWSHEDS, STABLES, ETC.			
Annual inspection is made of the 550 premiscows are kept. These inspections are included in	ses in th above,	ie city whe under Insp	rc private ections.
FOOD AND BEVERAGES		1937 19	36 1935
Samples submitted to Provincial Laboratory Foodstuffs condemned by Health Inspectors (lb The large rise in foodstuffs condemned is	s.)		8 16 745 2,720 18,500 lbs
of foodstuffs damaged by fire and water, and 10, In connection with the food poisoning caused head-cheese, during the month of June, visits w to all the homes of those who were ill and an premises was seized and submitted to the Provin Thirty-three persons were affected.	058 lbs. I by the vere ma y head-	of celery c partaking de by the cheese fou	ondemned. of tainted Inspectors nd on the
WATER		1937	1936 1935
Water samples taken Ice samples taken Rinse water samples		2	71 18 2 9

#### INFECTIOUS AND CONTAGIOUS DISEASES

Assistance was given the Quarantine Officer during the busy season in quarantining and releasing homes from quarantine. Cases of Tuberculosis, Goitre, Trench Mouth, suspect Typhoid Fever, Typhoid Fever, Scabies, Venereal Disease, etc., were investigated by the Inspectors.

#### INDUSTRIAL HEALTH SERVICE

A survey of the plumbing in the business sections of the City was commenced in November. Satisfactory results are being obtained in connection with the notices issued. This survey is not yet completed.

#### RELIEF

As in past years, much time was spent during the year in investigating appeals for relief work which came under our notice. Valuable assistance was given by Mrs. Marshall of the Sunshine, and other charitable organizations in supplying bedding, clothing, etc.

ENFORCEMEN	T OF	REGI	ULATĮ	ONS	5			1937	1936	1935
Prosecutions						 	 ,	1	0	5

In connection with the above prosecution, the case was adjourned to permit of some arrangement being made betwen the city and the owner of the property regarding the removal of the stables, which were the cause of complaint.

## FOOD INSPECTION

For the first six months of the year there were four abattoirs under inspection. At the end of June one of these was closed and inspection withdrawn by order of the Local Board of Health. In November a new abattoir was opened and inspection provided, bringing the number under inspection to four.

The total number of animals slaughtered and inspected is reduced slightly for the year. As this loss is distributed amongst all classes, the lower total is probably to be attributed to the difficult business conditions that have prevailed.

Percentages of animals infected with Tuberculosis continue to show a gratifying decline.

The raise in the total weight of condemned meat is a result of the increased proportion of animals of the lower grades slaughtered.

#### MEATS INSPECTED AND CONDEMNED

Beef 1937	1936	1935
No. of carcases inspected 2,806	3,055	2,488
Carcases condemned	11	15
Portions condemned		326
Weight (lbs.) of carcases and portions condemned 15,216	9,982	11,758
Vaal		
No. of carcases inspected 2,373	3,368	3,084
Carcasses condemned	´ 8	7
Portions condemned 43	45	<b>5</b> 3
Weight (lbs.) of carcases and portions condemned 1,489	1,739	1,535
Mutton		
No. of carcases inspected	2,102	2,643
Carcases condemned 5	3	3
Portions condemned	203	206
Weight (lbs.) of carcases and portions condemned 612	672	670

		1937	1936	1935
				2,65
		,		2,00
				89
				11,91
		8.948	10.639	10,86
				3
		-	1.156	1,48
			·	ĺ
	2	27,118	23,329	25,88
INFECTED WI	тн т	JBERCL	ILOSIS	
		5	15	1
				.6
		.010	110	••
		959	300	47
				14.9
		12.20	10.00	14.0
CONTAMINAT	TION,	1937		
Ca	rcases	Porti	ons 1	Weight
				.526 lb:
		19		,770
				,129
	3			465 $27$
	4			215
	$\bar{3}$			,780
				58
		_		,940
				,300 ,495
			-	,
		14	0	299
			-	110
	$\bar{3}$			203
		1.	4	146
	1	_	_	689
				335
				211
	_			,720
•				885 ,155
	3			700
	9			960
	54	1,08	3 27	,118 lb:
ES COMPENIN	ED			
		.0.4	40	0.5
27,118			25,88	
	FS CONDEMN 1937 27,118	CONTAMINATION, Carcases  3 4 3 4 3 4 3 4 5 6 2 3 1 1 7 7 8 8 9 54  FS CONDEMNED 1937 1937 27,118 23,32	28 493 ions condemned 9,801  8,948 54 1,083 27,118  INFECTED WITH TUBERCU  5 019  253 12.23  CONTAMINATION, 1937 Carcases Porti 12 199 3 4 3 4 3 6 1 2 3 14 2 3 14 2 3 14 2 3 7 5 8 8 9 54 1,08  FS CONDEMNED 1937 1936 27,118 23,329	2,068 2,113 28 26 493 551 ions condemned 9,801 10,936  8,948 10,639 54 48 1,083 1,156 27,118 23,329  INFECTED WITH TUBERCULOSIS  5 15 .019 .45

Foodstaffe condensed by Hoolsh live						
Foodstuffs condemned by Health Inspe		4 = 1/		9601	,	
Canned goods		451/2		368 1	/2	
Meat		0		52		
Poultry	. 0	10		5		
Fish	0	$332\frac{1}{2}$		250		
Fruit and vegetables	10,111	$1,018\frac{1}{4}$		163		
Candy	0	15		$6^{\frac{1}{2}}$	1/2	
Biscuits	. 0	0		1,596		
Cereal	. 0	0		1501	/2	
Macaroni	. 0	0		80		
Jam	0	768		0		
Saurkraut	. 0	360		0		
Butter and cheese	19	180		0		
Ice Cream	. 60	0		0		
Destroyed by fire	18,500	0		0		
Sundries	0	16%		47 1/2		
	56,111 lbs	s. 26,155¾	lbs.	28,782	lbs.	
			1937	1936	1935	
No. of inspections of butcher shops			4961	4784	4862	
Other inspections			596	2680	1644	
			5557	$\overline{7464}$	6506	
Complaints received from the publ	ic		. 35	17	35	
Complaints justified				15	29	

## DAIRY INSPECTION

I herewith submit the following report on the inspection of dairies for the year ending December 31st, 1937.

During the spring there were two cases of undulant fever reported in the city. Investigation revealed that raw milk was being used, and in each case being purchased from the same raw milk dairy. The herd of the producer-distributor concerned was voluntarily blood tested for infectious bovine abortion and of fifteen cows in the milking herd four showed a positive reaction, and two were questionable. The four reactors were disposed of for slaughter and the other two were sold.

The results of reduction tests carried out weekly throughout the year of raw milk which is shipped to pasteurization plants indicated that 96.84 per cent of the shipments were in Class 1 and did not reduce methylene blue in 5½ hours. Approximately 10,720 samples were tested. Thirty-seven per cent of the producers always shipped Class 1 milk as revealed by the weekly tests. Thirty-three per cent of the total number of producers shipped Class 2 milk so infrequently that they present no difficulty under this test. Thirty per cent of the producers, however, shipped Class 2 milk on at least three occasions, which involved the rejection of 204 shipments of milk for three or four day periods. This latter group still fail to appreciate the importance of utensil sterilization in relation to this test, but a marked improvement is expected during 1938.

During December at the request of a special committee, appointed by the Provincial Government to enquire into the fluid milk and cream trade of Alberta, a search was made of the scientific literature relating to the nutritional value of raw milk as compared to pasteurized milk. Abstracts of the literature from several countries were put into typewritten form and forwarded to the Committee. The result of the search indicated that there is no convincing evidence that raw milk is superior to pasteurized milk in the feeding of infants or calves.

In connection with the inspection of dairy farms more complete compliance with the milk regulations may be obtained if the milk grading system as outlined in the Standard Milk Ordinance and Code of the United States Public Health Service is finally adopted. The Ordinance has now been adopted by about 700 American cities and municipalities.

We express appreciation of the advice and assistance kindly given by Dr. H. R. Thornton, Professor of Dairying, University of Alberta, in connection with the methylene blue test. On one occasion he gave us about nine days of his time in visiting numerous farms accompanied by the Dairy Supervisor where the producers were still having difficulty in meeting our standards under the test.

Two educational circulars relating to the reduction test were written and distributed to milk producers.

355 applications for licenses were received.

348 applications for licenses were granted.

7 applications for licenses were refused.

Inspections made, 914.

## LABORATORY REPORT

The following is a brief summary of the results of examination of the samples of retail milk during the year. The table is self explanatory. The bacteria count of our milk has so much improved in late years that our previous best class has been several times subdivided, in order to keep our results consistent with those of previous year. Our special class includes all samples with counts up to 15,000 cubic centimeters, and now takes in approxmiately three-quarters of all samples taken.

January February March April May June August	54 76 28 58 50	15.000 40,000 20 5 9 19 7 8 11	40,000 100,000 9 2 9 6 2 2 2 3	100,000 400,000 1 2 2 1 	Over 2 1 3 2 6 1	Spreader	s Totals 68 69 74 105 39 77 74 73
September October November	54	$\frac{13}{7}$		1 5	1	1	70 74
November December	56	8	6		1	. 4	71
	621	127	59	18	24	23	872
Percentage	73.1	15.0	7.0	2.1	2.8		100

Beginning the first of this year, more dependence was placed on the reductase test and the bacteria count generally was made only once each month except that when a count of 50,000 or over was obtained further samples were counted as soon as possible. As the better milk was not examined as often as that not quite so good, the proportion showing in our higher count columns is naturally slightly higher than formerly. All the samples were submitted to the Methylene Blue test and only fifteen out of fifteen hundred failed to make the number one group.

Outside of the regular retail samples there were 75 milk and 53 cream samples taken for bacteria count. Excluding three samples in which the examination was spoiled by spreaders, 80% of the milks and 58% of the cream had counts not over  $40,\!000$ .

Of the 86 samples of chocolate dairy drink taken, 38 gave counts of 15,000 or under and a further 18-40 thousand or under. Eighteen ice cream samples were examined, only four of which gave counts of 100,000 or over.

Fourteen hundred and eighty-four samples of retail milk examined gave an average butter fat content of 4.11%. These included the special homogenized and the Jersey milk samples. The average solids not fat was found to be 8.92%. The samples were all examined and graded according to the amount of sediment they contained, the average amrk obtained being 8.9 out of a possible 10. The average butter fat found for the special milks was 4.09%, and for the chocolate 3.0%. Fifty-two cream samples gave an average butter fat of  $25\frac{1}{2}\%$ .

Beginning early in June all the Methylene Blue Reductase tests on the milk of producers supplying milk to the pasteurizing plants were taken over by this Department. These tests had been previously done by the dairies. Each shipper's milk is sampled and tested each week and reruns are made in all cases of samples failing to grade number one under the test. Of about 5600 tests so made, including the retests, 255 failed to grade number one under the test. In order to help out producers who were having difficulty keeping their milk up to standard we have run about one hundred tests of milk either from individual cows or taken at various points in the process of milking, straining, cooling, etc. The results of these tests would seem in most every case to put the blame on lack of efficient sterilization of utensils.

General supervision was given to the operation of swimming pools and sewage plants throughout the year. Regular samples of water were taken from the pools for bacteria count and the water tested for the chlorine content to ensure proper sanitary conditions. Eighty-three samples were taken from the privately controlled pools and 168 samples taken for us by the Engineering Department from the municipal pools. Reagent solutions were also made up for them and supplied as required for the testing of chlorine alkalinity and the copper content of the pool waters along with such standard colors or standard concentration solutions and indicators as were necessary.

By arrangement with the University Laboratory samples of tap water are taken there and examined almost daily as a check on our water supply. Two hundred and seventy-eight samples were taken and of these only nine gave counts over ten. No positive colon tests were obtained. We cannot help but be pleased with this showing.

In addition to the work listed a very considerable amount of time was taken in advisory work with regard to water well problems, sterilization of utensils in ice cream stores, beer parlors and soft drink stores, in the checking up of the various disinfectants used, etc. In connection with the disinfestation of buildings also, considerable time was given to consideration of safety conditions, supplying test papers to detect leakage of the poison gas and giving general advice.